



Newcastle Outrigger Canoe Club

PASHA DASHA GRAND PRIX

Saturday 20th January 2024
Horseshoe Beach, Newcastle Harbour



OC1/2: 8km & 10km

OC6: Minnows 2km; Juniors 4km + 500m Sprint; Novice 7km;
Short Course 10km; Long Course Iron & Changes 22km



In Association With





PASHA DASHA GRAND PRIX

Welcome

Since 2011, Newcastle Outrigger Canoe Club (NOCC) has had the pleasure to host the iconic Pasha Dasha Grand Prix on our wonderful water playground, Newcastle Harbour. You are invited to join us for our 13th regatta, where your family and friends can enjoy unobstructed spectator access along the entire length of the course.

The NOCC Changes Race is a unique racing experience. The race consists of 4 races, at the end of each you change some of your crew on Horseshoe Beach and reassemble for the start of the next race. Racing crews will be made up of 10 paddlers for Women & Mixed and 9 paddlers for Men's crews. This is tighter, faster racing with more race start practice.

As in 2023 we are adding an Iron division in the Long Course which will be run at the same time as the Changes race for teams preparing for the Sydney Harbour Challenge.

NOTE: Once again, Age Divisions will be run on **Aggregate Age**

Prizes & Presentation:

- Medals will be presented for minnows and junior races – as soon as possible – before the Changes/Iron race briefing.
- Random draw cash prizes will be awarded instead of medals for all other races – drawn and presented **before** the Changes race briefing. Every team entered at Regatta including Minnows/Juniors eligible.

Race Program

Safety briefing to be held 20 min before each race.

Races may start earlier than scheduled – especially the Iron/Changes race

Event	Start Time	Category	Distance
1	7.00am	V1 & OC1/2 V1 & OC1/2	8 km approx. (2 laps of triangle) 10 km approx. (3 laps of triangle)
2	9.15am	OC6 Minnows, Jnr, Novice	2, 4, 7km (Alternate course)
3	10.30am	OC6 Short Course - all divisions	10 km approx. (3 laps of triangle)
4	Noon??	OC6 Jnr Sprints	500 m (In the harbour)
5	12.30pm 12:35pm	OC6 Iron OC6 Changes Race - all division	Total 22km approx. – 4 full laps of the changes course



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Safety

Equipment

All canoes will be scrutineered. Any canoes that do not meet Australian Outrigging Canoe Racing Association (AOCRA) safety guidelines, will be ineligible to race.

- **OC1/2 & VI** competitors must have: a Type 2 PFD, a leg rope, a spare paddle
- **OC6** Canoes must have: Storm Covers, 2 bailers, a 25m tow rope - fitted, a spare paddle, and 6 approved PFDs.

Registration

Register online at www.aocra.com.au by Wednesday 17th January 2024. Late entries will not be permitted.

Race Fees

OC1/2/V1:

- Short Course: \$21 per person
- Long Course: \$31 per person

OC6:

- Juniors: \$15 per person - OC6 4km & Sprints
- Novice: \$21 per person
- Short Course: \$31 per person
- Long Course (Iron & Changes) \$41 per person

Cancellation & Refund Policy

In the event the regatta is cancelled due to weather or any other unforeseen circumstances, NOCC will refund 80% of the race fee. Should a regatta be cancelled refunds will be completed in line with AOCRA Refund policy. The direct cost of processing a refund of the Nomination Fee is a legitimate regatta expense and may be deducted from the Nomination Fee at time of an approved refund. A refund of AOCRA and NSW Zone portion of fees are at their discretion.

Further Information

Location: Horseshoe Beach is inside the entrance to Newcastle Harbour and is an off-leash dog beach.

Parking: FREE ample parking available at Horseshoe and Nobbys beach car parks. Prime areas will be secured for trailer parking.

Facilities: Fresh water taps available on site. Toilets and showers at Nobbys Beach SLSC 200m away. Limited Porta Loo on site.

Food: A food stall with hot and cold food and coffee van will be available. Nobbys Beach SLSC has a kiosk.

Race Information – Events 1, 3 & 5

OC1/2, OC6 Short Course & Long Course (Iron & Changes)

(1 full lap = 5.4km; + 2 laps of triangle = 8km; + 3 laps of triangle = 10km)



Race Information – Event 2 & Alternative Course

Minnows (2km), Junior (4km) & Novice (7km): various sections of this course
 Alternative course (adverse weather conditions): 18km (4 full laps)



https://maps.google.com.au/maps/ms?msid=20951407_6865540302749_00048cdfc5bffb6a2ee00&msa=0



Age Divisions For All Competitors – using Aggregate Age

Divisions	Age
Minnows	8 - 10 yrs (must wear correctly fitted PFD)
Juniors	10 - 19 yrs inclusive
Open	20 yrs and above
Masters	40 yrs and above
Senior Masters	50 yrs and above
Golden Masters	60 yrs and above
Platinum	70 yrs and above
Juniors' eligibility to compete in adult events.	a) 19U division may compete in adult divisions (21U and Open) without the need for parental or coach consent
	b) Must be aged 14 yrs and above and have: i) written parent / guardian permission ii) written approval of qualified outrigger specific coach

AOCRA Rules for Racing

For information about AOCRA racing please refer to [AOCRA Rules](https://aocra.com.au/uploads/file/AOCRA%20Admin%20/2023%20March%20Aocra%20Rules.pdf), effective 20 March 2023.
(<https://aocra.com.au/uploads/file/AOCRA%20Admin%20/2023%20March%20Aocra%20Rules.pdf>)

- Competitor Eligibility - Section 15
- Course Rule e.g., Canoe passing and turning - Section 17.8

Changeover Teams

he changeover teams must consist of the following ratios:

- **OC6 Men** - All Divisions 9 paddlers
Men's golden and platinum divisions may use 10 paddlers with approval from NOCC.
- **OC6 Mixed** - All Divisions 10 paddlers
Mixed teams must comprise of five males and five female paddlers with a maximum of three males in the canoe at any time.
- **OC6 Women** - All Divisions 10 paddlers
- **OC6 Iron** - 6 paddlers

See map below for suggested trailer route.

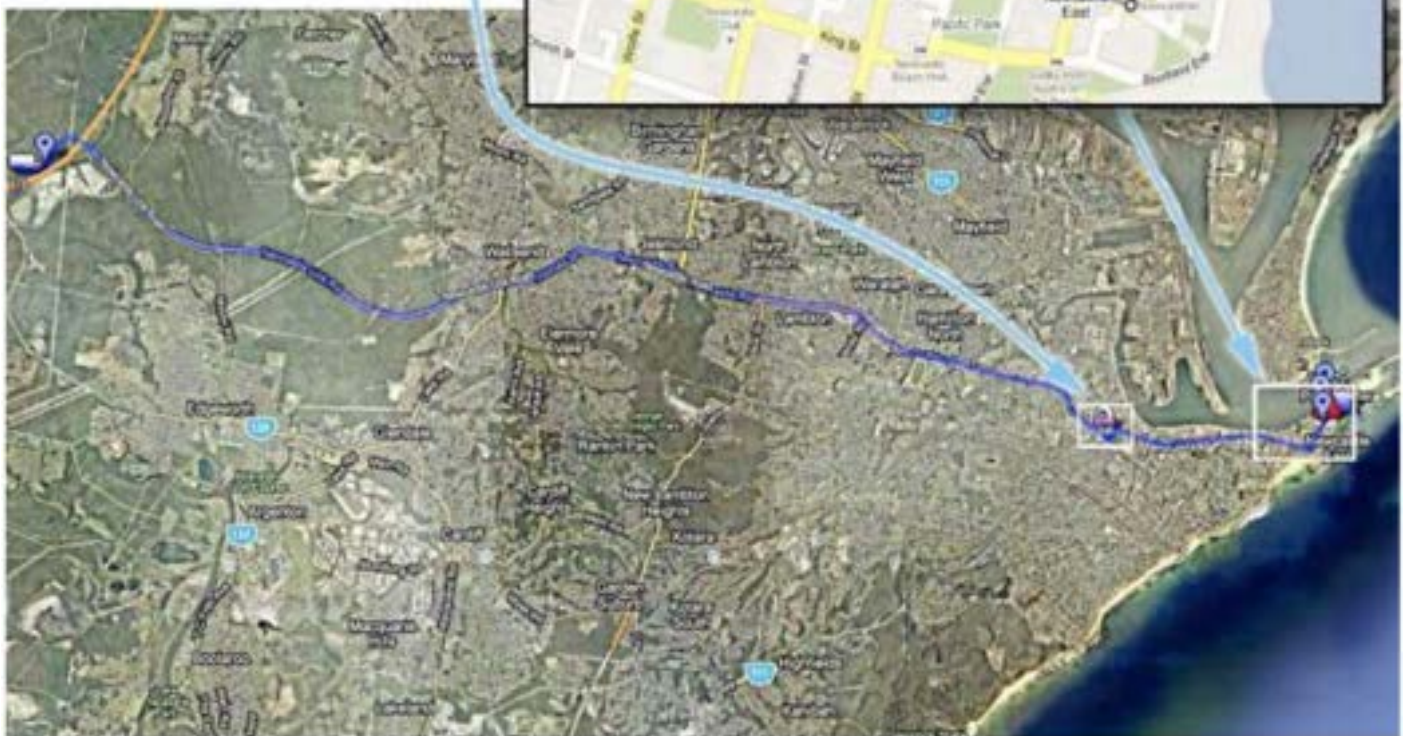


Inset left, After going through Hamilton, turn left then right into Hunter St.

Below, Pass the Rail station along Scott St to Newcastle East, then taking Nobbys Rd to the Nobbys round-about, turn left, then right to the race site.



A number of roads will take you to the race site.
This is the recommended route for towing OC trailers



Enquiries:

Race Director: Stephen Dawes 0408 594 340
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Regatta Committee: John Sorby 0452616813

Restaurants/Accommodation: <https://www.visitnewcastle.com.au/>