

## Membership

In order to paddle in your club's canoes (whether socially or competitively), it is a requirement that you must be a registered AOCRA member.

Registration is obtained on-line at [www.aocra.com.au](http://www.aocra.com.au) and is renewed yearly.

Membership to your affiliated club however is not included in this fee, AOCRA membership includes an insurance component, which covers you for volunteer work you do on behalf of the sport, any training sessions you attend and races you are involved in. Membership fees differ between clubs and are set at the discretion of the club committee.

OAMPS is the insurance provider for AOCRA and all affiliated parties. OAMPS provides a minimum level of cover as taken out by AOCRA for all/each Registered Member. This minimum level of cover means this scheme is not "comprehensive" and as such we encourage all participants to take out Private Health, Life and Income Protection Insurance according to their own individual needs and circumstances. It is an individual's responsibility to ensure that he/she has adequate insurance cover for his/her needs.

Where and when does this policy apply?

The policy provides worldwide cover for accidents to all registered Members whilst participating in AOCRA-sanctioned activities, events and training.

For more detailed information on the OAMPS insurance policy visit the AOCRA web site and follow the links to OAMPS.

## Racing Uniforms

Due to the number of affiliated clubs in Australia, it is a requirement that matching race shirts are worn by racing teams. This assists in defining the racing team in competitions and also with identification of clubs at regattas. Club colours are registered yearly with your Zone. Training clothing is not required to be the club racing uniform.

## Safety

In order to maintain the safety of all our members, affiliated clubs are required to implement and annually review their Risk Management Plan, and ensure it conforms to the AOCRA requirements. All members must abide by their club's Risk Management Plan. Safety is the responsibility of all paddlers and should not fall upon any one party. There are many things we can all do to improve safety in our clubs; wear appropriate clothing for the conditions, don't paddle when feeling ill of health or injured, maintain paddling equipment including canoes, assisting other members with safety aspects and keeping a keen eye on all situations.

For lots more information on outrigger canoeing visit the AOCRA web site at [www.aocra.com.au](http://www.aocra.com.au)



**The National Association, Zone Association and your Affiliated Club, on behalf of our members, would like to welcome you to the international sport that is outrigger canoe racing.**

**We trust that you find this sport both rewarding and enjoyable.**



Photos by Ciaran Handy [www.ciaranhandy.com](http://www.ciaranhandy.com)

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